



Perfect fit - size chart

How to check the right size of your Micro Crampons

The right size of your Micro Crampons does not only depend on your shoe size! To ensure a perfect grip on the shoe and therefore an unrestricted use it is also neccessary to check the dimension and the structure of the shoe itself.

How to determine your size quickly and easy, we show you here:

Standard size code:

Art. Nr.	Color	EAN13	Weight/ pair	Size	Shoe EUR	size USA		
12024	•	9009635002800	275 g	М	35 - 39	5 - 7		
12034	•	9009635002817	280 g	L	40 - 43	8 - 9.5		
12044	•	9009635002824	285 g	XL	44 - 48	10 - 13		

Standard sizing optimized for running and trail running shoes. Not suitable for hiking boots.

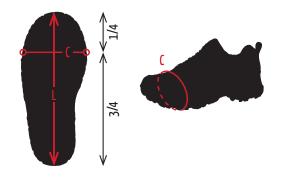


Due to the different shoe assemblies and fit variants / brands, we have developed the table below for absolute fit so that you can be sure that your Micro Crampon fits and holds perfectly on your individual shoe.

step 1

Check the dimension of your shoes, by taking the measures L and C:

- **L** = **Length** of the shoe, measured at the sole
- **C** = **Circumference** of the shoe, measured at the top 1/4 of the shoe



step 2

Choose the right size of your Micro Crampons from this table;

horizontal: circumference (C) - vertical: length (L)

C - Circumference (cm)

	24	24,5	25	25,5	26	26,5	27	27,5	28	28,5	29	29,5	30	30,5	31	31,5	32	32,5	33
25	М	М	М	М	М	М	М	М	М	М	М								
25,5	М	М	М	М	М	М	М	М	М	М	М								
26	М	М	М	М	М	М	М	М	М	М	М								
26,5	М	М	М	М	М	М	М	М	М	М	М								
27	М	М	М	М	М	М	М	М	М	М	М								
27,5	М	М	М	М	М	М	М	М	М	М	L	L	L	L	L	L	L		
28	М	М	М	М	М	М	М	М	М	L	L	L	L	L	L	L	L		
28,5	М	М	М	М	М	М	L	L	L	L	L	L	L	L	L	L	L		
29						L	L	L	L	L	L	L	L	L	L	L	L		
29,5						L	L	L	L	L	L	L	L	L	XL	XL	XL	XL	XL
30						L	L	L	L	L	L	L	L	XL	XL	XL	XL	XL	XL
30,5						L	L	L	L	L	L	L	XL	XL	XL	XL	XL	XL	XL
31						L	L	L	L	L	L	L	XL	XL	XL	XL	XL	XL	XL
31,5						XL	XL												
32						XL	XL	XL											
32,5						XL	XL												
33						XL	XL	XL											