NORTEC micro crampons

ALP forest

Perfect fit - size chart

How to check the right size of your Micro Crampons

The right size of your Micro Crampons does not only depend on your shoe size! To ensure a perfect grip on the shoe and therefore an unrestricted use it is also neccessary to check the dimension and the structure of the shoe itself.

How to determine your size quickly and easy, we show you here:

Standard size code:

Art. Nr.	Color	EAN13	Weight/ pair	Size	Shoe size EU	UK	US
20022	●	9009635001759	480 g	M	35-39	3.5-6	4-6.5
20032	●	9009635001766	500 g	L	40-43	6.5-9	7-9.5
20042	●	9009635001773	520 g	XL	44-48	9.5-12.5	10-13
20052	●	9009635001780	560 g	XXL	46-50	11-14.5	11.5-15

Standardgrößen optimiert für leichte Bergschuhe.

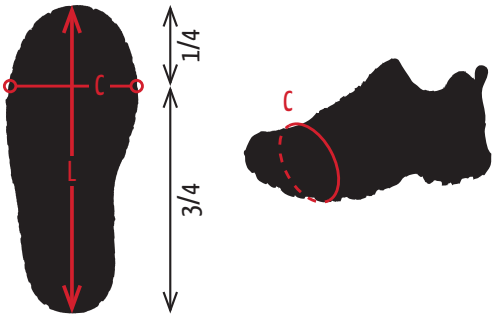
Due to the different shoe assemblies and fit variants / brands, we have developed the table below for absolute fit so that you can be sure that your Micro Crampon fits and holds perfectly on your individual shoe.

step 1

Check the dimension of your shoes, by taking the measures L and C:

L = **Length** of the shoe, measured at the sole

C = **Circumference** of the shoe, measured at the top 1/4 of the shoe



step 2

Choose the right size of your Micro Crampons from this table;
horizontal: circumference (C) - vertical: length (L)

C - Circumference (cm)

L - Length (cm)	24	24,5	25	25,5	26	26,5	27	27,5	28	28,5	29	29,5	30	30,5	31	31,5	32	32,5	33	33,5	34	34,5
25	M	M	M	M	M	M	M	M	M	M	M											
25,5	M	M	M	M	M	M	M	M	M	M	M											
26	M	M	M	M	M	M	M	M	M	M	M											
26,5	M	M	M	M	M	M	M	M	M	M	M											
27	M	M	M	M	M	M	M	M	M	M	M											
27,5	M	M	M	M	M	M	M	M	L	L	L	L	L	L	L	L	L					
28						L	L	L	L	L	L	L	L	L	L	L	L					
28,5						L	L	L	L	L	L	L	L	L	L	L	L					
29						L	L	L	L	L	L	L	L	L	L	L	L					
29,5						L	L	L	L	L	L	L	L	L	L	L	L	XL	XL			
30						L	L	L	L	L	L	L	L	L	XL	XL	XL	XL	XL			
30,5						L	L	L	L	L	L	L	L	XL	XL	XL	XL	XL	XL			
31						L	L	L	L	L	L	L	XL	XL	XL	XL	XL	XL	XL			
31,5						L	L	L	L	L	XL	XL	XL	XL	XL	XL	XL	XL	XL	XXL	XXL	XXL
32								XL	XL	XL	XL	XL	XL	XL	XL	XL	XL	XL	XXL	XXL	XXL	XXL
32,5								XL	XL	XL	XL	XL	XL	XL	XL	XL	XL	XXL	XXL	XXL	XXL	XXL
33								XL	XL	XL	XL	XL	XL	XL	XL	XL	XXL	XXL	XXL	XXL	XXL	XXL
33,5								XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	
34								XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL		
34,5								XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL	XXL			