



Perfect fit - size chart

How to check the right size of your Micro Crampons

The right size of your Micro Crampons does not only depend on your shoe size! To ensure a perfect grip on the shoe and therefore an unrestricted use it is also neccessary to check the dimension and the structure of the shoe itself.

How to determine your size quickly and easy, we show you here:

Standard size code:

Art.	Modell	Weight pair	Size	Shoe size EUR USA			
10020	Crampon mod. Nortec NORDIC size M	290 g	М	35 - 39	5 - 7		
10030	Crampon mod. Nortec NORDIC size L	320 g	L	40 - 43	8 - 9.5		
10040	Crampon mod. Nortec NORDIC size XL	330 g	XL	44 - 48	10 - 13		

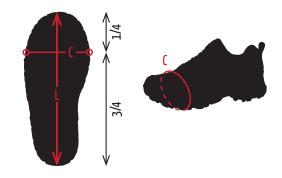


Due to the different shoe assemblies and fit variants / brands, we have developed the table below for absolute fit so that you can be sure that your Micro Crampon fits and holds perfectly on your individual shoe.

step 1

Check the dimension of your shoes, by taking the measures L and C:

- **L** = **Length** of the shoe, measured at the sole
- **C** = **Circumference** of the shoe, measured at the top 1/4 of the shoe



step 2

Choose the right size of your Micro Crampons from this table;

horizontal: circumference (C) - vertical: length (L)

C - Circumference (cm)

	24	24,5	25	25,5	26	26,5	27	27,5	28	28,5	29	29,5	30	30,5	31	31,5	32	32,5	33
25	М	М	М	М	М	М	М	М	М	М	М								
25,5	М	М	М	М	М	М	М	М	М	М	М								
26	М	М	М	М	М	М	М	М	М	М	М								
26,5	М	М	М	М	М	М	М	М	М	М	М								
27	М	М	М	М	М	М	М	М	М	М	М								
27,5	М	М	М	М	М	М	М	М	М	М	L	L	L	L	L	L	L		
28	М	М	М	М	М	М	М	М	М	L	L	L	L	L	L	L	L		
28,5	М	М	М	М	М	М	М	L	L	L	L	L	L	L	L	L	L		
29						L	L	L	L	L	L	L	L	L	L	L	L		
29,5						L	L	L	L	L	L	L	L	L	L	L	L	XL	XL
30						L	L	L	L	L	L	L	L	L	XL	XL	XL	XL	XL
30,5						L	L	L	L	L	L	L	L	XL	XL	XL	XL	XL	XL
31						L	L	L	L	L	L	L	XL	XL	XL	XL	XL	XL	XL
31,5						L	L	L	L	L	XL	XL	XL	XL	XL	XL	XL	XL	XL
32								XL	XL	XL									
32,5								XL	XL										
33								XL	XL	XL	XL	XL	XL	XL	XL	XL			

I - I ength (cm)